

V'SHAMRU V'NEI YISRAEL

et HaShabbat,

laasot et HaShabbat

l'dorotam b'rit olam.

וְשָׁמְרוּ בְּנֵי יִשְׂרָאֵל

אֶת־הַשַּׁבָּת,

לַעֲשׂוֹת אֶת־הַשַּׁבָּת

לְדֹרוֹתָם בְּרִית עוֹלָם.

**THE PEOPLE OF ISRAEL** shall keep Shabbat, observing  
Shabbat throughout the ages as a covenant for all time.

---

Beini u'vein b'nei

Yisrael ot hi l'olam,

ki sheishet yamim asah Adonai

et hashamayim v'et haaretz,

u'vayom hashvi-i

shavat vayinafash.

בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל

אוֹת הִיא לְעֹלָם,

כִּי־שֵׁשֶׁת יָמִים עָשָׂה יְיָ

אֶת־הַשָּׁמַיִם וְאֶת־הָאָרֶץ,

וּבַיּוֹם הַשְּׁבִיעִי

שָׁבַת וַיִּנְפֹּשׁ.

It is a sign for all time between Me and the people of Israel.

For in six days Adonai made heaven and earth,  
and on the seventh day God ceased from work  
and was refreshed.